

## Global Iodine Nutrition Scorecard 2015

Country or territory	Total population 2014 (000)	Households consuming iodized salt (%) <sup>1</sup>	Source <sup>1</sup>	Survey date <sup>1</sup>	Median UIC (µg/L) <sup>2,4</sup>	Survey date	Iodine intake	Iodine deficiency unprotected infants (000)
Afghanistan	31'281	20.4	MICS	2010-2011	171	2013	Adequate	838
Albania	3'185	75.6	DHS	2008-2009	86	2006	Insufficient	10
Algeria	39'929	60.7	MICS	2006	27*	1994	Insufficient	372
Andorra	80	-	-	-	-	-	N/A	-
Angola	22'137	44.7	NNS	2007	29	2006	Insufficient	517
Antigua and Barbuda	91	-	-	-	-	-	N/A	-
Argentina	41'803	-	-	-	136	1999-2008	Adequate	-
Armenia	2'984	97	DHS	2005	313	2005	Excessive	1
Australia	23'630	-	-	-	177	2011-2012	Adequate	-
Austria	8'526	-	-	-	111	2012	Adequate	-
Azerbaijan	9'515	53.6	DHS	2006	204	2007	More than adequate	78
Bahamas	383	-	-	-	-	-	N/A	-
Bahrain	1'344	-	-	-	247	2012-2013	More than adequate	-
Bangladesh	158'513	57.6	Other	2013	163	2004-2005	Adequate	1'336
Barbados	286	17.3	MICS	2012	-	-	N/A	3
Belarus	9'308	85.4	MICS	2012	169	2006	Adequate	15
Belgium	11'144	-	-	-	113	2010-2011	Adequate	-
Belize	340	-	-	-	184*	1994-1995	Adequate	-
Benin	10'600	86	Other	2011	318	2011	Excessive	52
Bhutan	766	-	Other	2002	183	2010	More than adequate	-
Bolivia	10'848	-	DHS	2008	191	2005	Adequate	-
Bosnia and Herzegovina	3'825	62	MOH	2005	157	2005	Adequate	13
Botswana	2'039	65.2	Other	2007	219*	1994	More than adequate	17
Brazil	202'034	95.7	MOH	2006	304	2008-2009	Excessive	129
Brunei Darussalam	423	-	-	-	-	-	N/A	-
Bulgaria	7'168	91.9	Other	2012	182	2008	Adequate	6
Burkina Faso	17'420	33.7	MICS	2006	114*	1999	Adequate	453
Burundi	8'383	-	-	-	70	2005	Insufficient	-
Cambodia	15'408	-	-	-	236	2011	More than adequate	-
Cameroon	22'819	85.1	DHS	2011	190	2002	Adequate	122
Canada	35'525	-	-	-	174	2007-2009	Adequate	-
Cape Verde	504	74.8	Other	2008	115	2010	Adequate	3
Central African Republic	4'709	64.5	MICS	2010	21*	1993-1994	Insufficient	56
Chad	13'211	53.8	MICS	2010	213	2003	More than adequate	268
Chile	17'773	-	-	-	252	2006	More than adequate	-
China	1'393'784	96.8	Other	2011	239	2011	More than adequate	591
Colombia	48'930	-	-	-	415	2002	Excessive	-
Comoros	752	77.3	MICS	2000	-	-	N/A	6
Congo	4'559	73.2	DHS	2005	-	-	N/A	44
Costa Rica	4'938	-	-	-	314	2008-2009	Excessive	-
Côte d'Ivoire	20'805	30	MICS	2000	203	2004	More than adequate	512
Croatia	4'272	-	-	-	248	2009	More than adequate	-
Cuba	11'259	88	Other	2005	176	2011-2012	Adequate	13
Cyprus	1'153	-	-	-	120*	2000	Adequate	-
Czech Republic	10'740	-	-	-	163	2010	Adequate	-
Denmark	5'640	-	-	-	83	2008-2010	Insufficient	-
Djibouti	886	0.2	MICS	2006	-	-	N/A	24
Dominica	72	-	-	-	-	-	N/A	-
Dominican Republic	10'529	-	-	-	223	2012	More than adequate	-
DPR Korea	25'027	24.5	MICS	2009	97	2009-2010	Insufficient	269
DR Congo	69'360	58.6	MICS	2010	249	2007	More than adequate	1'176
Ecuador	15'983	-	-	-	234	2011-2013	More than adequate	-
Egypt	83'387	77.7	DHS	2008	187	2006-2007	Adequate	423
El Salvador	6'384	62	Other	2002	206	2012	More than adequate	48
Equatorial Guinea	778	-	-	-	-	-	N/A	-
Eritrea	6'536	68	DHS	2002	175*	1998	Adequate	73
Estonia	1'284	-	-	-	65*	1995	Insufficient	-
Ethiopia	96'506	19.9	DHS	2005	25	2005	Insufficient	2'470
Fiji	887	-	Other	1994	237	2009	More than adequate	-
Finland	5'443	-	-	-	83	2012	Insufficient	-
France	64'641	-	-	-	136	2006-2007	Adequate	-

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Gabon	1'711	-	-	-	190*	2001	Adequate	-
Gambia	1'909	22	MICS	2010	42*	1999	Insufficient	60
Georgia	4'323	99.9	Other	2009	321	2005	Excessive	0
Germany	82'652	-	-	-	122	2003-2006	Adequate	-
Ghana	26'442	34.5	MICS	2011	130	2011	Adequate	520
Greece	11'128	-	-	-	202*	2001	More than adequate	-
Grenada	106	-	-	-	-	-	N/A	-
Guatemala	15'860	-	-	-	144	2005	Adequate	-
Guinea	12'044	-	-	-	139	2003	Adequate	-
Guinea-Bissau	1'746	11.7	MICS	2010	-	-	N/A	56
Guyana	804	10.3	DHS	2009	169*	1997	Adequate	15
Haiti	10'461	3	DHS	2005/6	39	2012	Insufficient	257
Honduras	8'261	-	-	-	356	2005	Excessive	-
Hungary	9'933	-	-	-	228	2005	More than adequate	-
Iceland	333	-	-	-	200	2007-2008	More than adequate	-
India	1'267'402	71.1	Other	2009	153	2002-2011	Adequate	7'411
Indonesia	252'812	57.6	Other	2013	215	2012	More than adequate	2'008
Iran	78'470	-	-	-	141	2007-2008	Adequate	-
Iraq	34'769	29	MICS	2011	-	-	N/A	736
Ireland	4'677	-	-	-	82*	1999	Insufficient	-
Israel	7'822	-	-	-	-	-	N/A	-
Italy	61'070	-	-	-	91	2002-2012	Insufficient	-
Jamaica	2'799	-	-	-	-	-	N/A	-
Japan	127'000	-	-	-	287	2002-2004	More than adequate	-
Jordan	7'505	-	-	-	203	2010	More than adequate	-
Kazakhstan	16'607	85.4	MICS	2010-2011	250	2006	More than adequate	50
Kenya	45'546	93.4	DHS	2008-2009	118	2003-2004	Adequate	101
Kiribati	104	-	-	-	-	-	N/A	-
Kuwait	3'479	-	-	-	132	2013	Adequate	-
Kyrgyzstan	5'625	76.1	MICS	2006	114	2007	Adequate	35
Lao	6'894	-	-	-	103	2013	Adequate	-
Latvia	2'041	-	-	-	110	2010-2011	Adequate	-
Lebanon	4'966	74.8	MICS	2009	66	2013	Insufficient	16
Lesotho	2'098	79.4	DHS	2009	215	2002	More than adequate	12
Liberia	4'397	-	-	-	244	2011	More than adequate	-
Libya	6'253	-	-	-	-	-	N/A	-
Liechtenstein	37	-	-	-	96	2010	Insufficient	-
Lithuania	3'008	-	-	-	75*	1995	Insufficient	-
Luxembourg	537	-	-	-	148	2002	Adequate	-
Madagascar	23'572	50.3	DHS	2008-2009	-	-	N/A	388
Malawi	16'829	62.1	DHS	2010	175	2009	Adequate	242
Malaysia	30'188	-	-	-	109	2008	Adequate	-
Maldives	352	44	MICS	2001	115	2002	Adequate	4
Mali	15'768	74.4	DHS	2006	69	2005	Insufficient	180
Malta	430	-	-	-	-	-	N/A	-
Marshall Islands	53	-	-	-	-	-	N/A	-
Mauritania	3'984	7.3	MICS	2011	179	2012	Adequate	121
Mauritius	1'249	-	-	-	160*	1995	Adequate	-
Mexico	123'799	91	Other	2003	235*	1998-1999	More than adequate	204
Micronesia	104	-	-	-	-	-	N/A	-
Moldova	3'461	44.3	Prelim MICS	2012	165	2006	Adequate	24
Monaco	38	-	-	-	-	-	N/A	-
Mongolia	2'881	69.9	MICS	2010	171	2010	Adequate	19
Montenegro	622	70.7	MICS	2000	174	2007	Adequate	2
Morocco	33'493	21.2	MICS	2006	69*	1993	Insufficient	582
Mozambique	26'473	25.1	MICS	2008-2009	97	2012	Insufficient	745
Myanmar	53'719	68.8	Other	2011	124	2006	Adequate	288
Namibia	2'348	57.4	DHS	2000	216*	1998-1999	More than adequate	25
Nauru	10	-	-	-	-	-	N/A	-
Nepal	28'121	80	DHS	2011	193	2007	Adequate	119
Netherlands	16'802	-	-	-	154*	1995-1996	Adequate	-
New Zealand	4'551	-	-	-	113	2010-2011	Adequate	-

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Nicaragua	6'169	96.8	MOH	2003	196	2007	Adequate	4
Niger	18'535	18.6	DHS	2012	270*	1998	More than adequate	699
Nigeria	178'517	79.8	MICS	2011	130	2004-2005	Adequate	1'420
Norway	5'092	-	-	-	104*	1999-2001	Adequate	-
Oman	3'926	68.5	Other	2000	191	2014	Adequate	23
Pakistan	185'133	69.1	NNS	2011	124	2011	Adequate	1'423
Palau	21	-	-	-	-	-	N/A	-
Palestinian State	4'436	76.6	Other/MICS	2010	193	2013	Adequate	30
Panama	3'926	-	-	-	254	2010	More than adequate	-
Papua New Guinea	7'476	91.9	Other	2006	170	2005	Adequate	17
Paraguay	6'918	93.4	Other	2011	352	2010	Excessive	11
Peru	30'769	88.3	DHS	2012	262	2009	More than adequate	70
Philippines	100'096	44.5	Other	2005	168	2013	Adequate	1'322
Poland	38'221	-	-	-	112	2009-2011	Adequate	-
Portugal	10'610	-	-	-	106	2010	Adequate	-
Qatar	2'268	-	-	-	341	2014	Excessive	-
Republic of Korea	49'512	-	-	-	268	2011	More than adequate	-
Romania	21'640	74	Other	2004	102	2004-2005	Adequate	58
Russian Federation	142'468	-	-	-	78*	1999-2004	Insufficient	-
Rwanda	12'100	87.4	DHS	2005	298*	1996	More than adequate	52
Saint Kitts and Nevis	55	-	-	-	-	-	N/A	-
Saint Lucia	184	45.5	MICS	2012	-	-	N/A	2
Saint Vincent & the Grenadines	109	-	-	-	-	-	N/A	-
Samoa	192	-	-	-	-	-	N/A	-
San Marino	32	-	-	-	-	-	N/A	-
Sao Tome and Principe	198	64.8	DHS	2008-2009	-	-	N/A	2
Saudi Arabia	29'369	-	-	-	133	2012	Adequate	-
Senegal	14'548	43.1	DHS	2010-2011	104	2010	Adequate	298
Serbia	9'468	32.2	Other	2007	195	2007	Adequate	64
Seychelles	93	-	-	-	-	-	N/A	-
Sierra Leone	6'205	62.6	MICS	2010	158	2003	Adequate	83
Singapore	5'517	-	-	-	-	-	N/A	-
Slovakia	5'454	-	-	-	183	2002	Adequate	-
Slovenia	2'076	-	-	-	140	2003-2005	Adequate	-
Solomon Islands	573	-	-	-	328	2007	Excessive	-
Somalia	10'806	3.9	Other	2009	417	2009	Excessive	435
South Africa	53'140	-	-	-	215	2005	More than adequate	-
South Sudan	11'739	45.3	Other/MICS	2010	94	2006	Insufficient	216
Spain	47'066	-	-	-	117	2009-2010	Adequate	-
Sri Lanka	21'446	92.4	Other	2006-2007	153	2005	Adequate	29
Sudan	38'764	9.5	MICS	2010	66	2006	Insufficient	1'143
Suriname	544	-	-	-	-	-	N/A	-
Swaziland	1'268	51.6	MICS	2010	120*	1999	Adequate	18
Sweden	9'631	-	-	-	125	2006-2007	Adequate	-
Switzerland	8'158	-	-	-	120	2009	Adequate	-
Syria	21'987	79.3	MOH	2005	-	-	N/A	110
Tajikistan	8'409	38.6	DHS	2012	108	2009	Adequate	163
Tanzania	50'757	55.7	DHS	2010	204	2004	More than adequate	841
TFYR Macedonia	2'108	94	MOH	2005	241	2007	More than adequate	1
Thailand	67'223	70.9	MICS	2012	262	2012	More than adequate	204
Timor-Leste	1'152	59.9	Other	2007	-	-	N/A	16
Togo	6'993	31.5	MICS	2010	171	2005	Adequate	168
Tonga	106	-	-	-	-	-	N/A	-
Trinidad and Tobago	1'344	27.9	MICS	2006	-	-	N/A	14
Tunisia	11'117	96.7	MICS	2000	220	2013	More than adequate	6
Turkey	75'837	68.9	DHS	2008	107	2007	Adequate	394
Turkmenistan	5'307	75.3	DHS	2000	170	2004	Adequate	28
Tuvalu	10	-	-	-	-	-	N/A	-
Uganda	38'845	86.8	DHS	2006	464	2005	Excessive	210
Ukraine	44'941	20.7	MICS	2012	90	2002	Insufficient	392
United Arab Emirates	9'446	-	-	-	162	2008-2009	Adequate	-

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United Kingdom	63'489	-	-	-	80	2009	Insufficient	-
United States	322'583	-	-	-	215	2009-2010	More than adequate	-
Uruguay	3'419	-	-	-	310	2004	Excessive	-
Uzbekistan	29'325	53.1	MICS	2006	141	2005	Adequate	292
Vanuatu	258	22.9	MICS	2007	49	2008-2009	Insufficient	5
Venezuela	30'851	-	-	-	175	2007-2008	Adequate	-
Vietnam	92'548	45.1	MICS	2010-2011	130	2005	Adequate	790
Yemen	24'969	29.5	Other	2003	173*	1998	Adequate	530
Zambia	15'021	63.9	Other	2002	245	2011	More than adequate	220
Zimbabwe	14'599	-	-	-	245*	1999	More than adequate	-

**Data sources:**

<sup>1</sup>UNICEF. UNICEF Data: Monitoring the situation of children and women. <http://data.unicef.org/nutrition/iodine> [Accessed on 12 December 2014]. New York, United Nations Children's Fund

<sup>2</sup>Andersson M, Karumbunathan V, Zimmermann MB. Global iodine status in 2011 and trends over the past decade. *J Nutr.* 2012;142(4):744-50

<sup>3</sup>Zimmermann MB, Andersson M. Update on iodine status worldwide. *Curr Opin Endocrinol Diabetes Obes.* 2012;19(5):382-7

<sup>4</sup>Table updated on 28 August 2015

\* Survey conducted before 2002