

## Global Iodine Nutrition Scorecard 2015

Country or territory	Total population 2014 (000)	Households consuming iodized salt (%) <sup>1</sup>	Median UIC (µg/L) <sup>2-4</sup>	Survey date	Country iodine status	Iodine deficiency unprotected infants (000)
Afghanistan	31'281	20.4	171	2013	Adequate	838
Albania	3'185	75.6	86	2006	Insufficient	10
Algeria	39'929	60.7	27*	1994	Insufficient	372
Andorra	80	-	-	-	N/A	-
Angola	22'137	44.7	29	2006	Insufficient	517
Antigua and Barbuda	91	-	-	-	N/A	-
Argentina	41'803	-	136	1999-2008	Adequate	-
Armenia	2'984	97	313	2005	Excessive	1
Australia	23'630	-	177	2011-2012	Adequate	-
Austria	8'526	-	111	2012	Adequate	-
Azerbaijan	9'515	53.6	204	2007	More than adequate	78
Bahamas	383	-	-	-	N/A	-
Bahrain	1'344	-	247	2012-2013	More than adequate	-
Bangladesh	158'513	57.6	163	2004-2005	Adequate	1'336
Barbados	286	17.3	-	-	N/A	3
Belarus	9'308	85.4	169	2006	Adequate	15
Belgium	11'144	-	113	2010-2011	Adequate	-
Belize	340	-	184*	1994-1995	Adequate	-
Benin	10'600	86	318	2011	Excessive	52
Bhutan	766	-	183	2010	More than adequate	-
Bolivia	10'848	-	191	2005	Adequate	-
Bosnia and Herzegovina	3'825	62	157	2005	Adequate	13
Botswana	2'039	65.2	219*	1994	More than adequate	17
Brazil	202'034	95.7	304	2008-2009	Excessive	129
Brunei Darussalam	423	-	-	-	N/A	-
Bulgaria	7'168	91.9	182	2008	Adequate	6
Burkina Faso	17'420	33.7	114*	1999	Adequate	453
Burundi	8'383	-	70	2005	Insufficient	-
Cambodia	15'408	-	236	2011	More than adequate	-
Cameroon	22'819	85.1	190	2002	Adequate	122
Canada	35'525	-	174	2007-2009	Adequate	-
Cape Verde	504	74.8	115	2010	Adequate	3
Central African Republic	4'709	64.5	21*	1993-1994	Insufficient	56
Chad	13'211	53.8	213	2003	More than adequate	268
Chile	17'773	-	252	2006	More than adequate	-
China	1'393'784	96.8	239	2011	More than adequate	591
Colombia	48'930	-	415	2002	Excessive	-
Comoros	752	77.3	-	-	N/A	6
Congo	4'559	73.2	-	-	N/A	44
Costa Rica	4'938	-	314	2008-2009	Excessive	-
Côte d'Ivoire	20'805	30	203	2004	More than adequate	512
Croatia	4'272	-	248	2009	More than adequate	-
Cuba	11'259	88	176	2011-2012	Adequate	13
Cyprus	1'153	-	120*	2000	Adequate	-
Czech Republic	10'740	-	163	2010	Adequate	-
Denmark	5'640	-	83	2008-2010	Insufficient	-
Djibouti	886	0.2	-	-	N/A	24
Dominica	72	-	-	-	N/A	-
Dominican Republic	10'529	-	223	2012	More than adequate	-
DPR Korea	25'027	24.5	97	2009-2010	Insufficient	269
DR Congo	69'360	58.6	249	2007	More than adequate	1'176
Ecuador	15'983	-	234	2011-2013	More than adequate	-
Egypt	83'387	77.7	187	2006-2007	Adequate	423
El Salvador	6'384	62	206	2012	More than adequate	48
Equatorial Guinea	778	-	-	-	N/A	-
Eritrea	6'536	68	175*	1998	Adequate	73
Estonia	1'284	-	65*	1995	Insufficient	-

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Ethiopia	96'506	19.9	25	2005	Insufficient	2'470
Fiji	887	-	237	2009	More than adequate	-
Finland	5'443	-	83	2012	Insufficient	-
France	64'641	-	136	2006-2007	Adequate	-
Gabon	1'711	-	190*	2001	Adequate	-
Gambia	1'909	22	42*	1999	Insufficient	60
Georgia	4'323	99.9	321	2005	Excessive	0
Germany	82'652	-	122	2003-2006	Adequate	-
Ghana	26'442	34.5	130	2011	Adequate	520
Greece	11'128	-	202*	2001	More than adequate	-
Grenada	106	-	-	-	N/A	-
Guatemala	15'860	-	144	2005	Adequate	-
Guinea	12'044	-	139	2003	Adequate	-
Guinea-Bissau	1'746	11.7	-	-	N/A	56
Guyana	804	10.3	169*	1997	Adequate	15
Haiti	10'461	3	39	2012	Insufficient	257
Honduras	8'261	-	356	2005	Excessive	-
Hungary	9'933	-	228	2005	More than adequate	-
Iceland	333	-	200	2007-2008	More than adequate	-
India	1'267'402	71.1	153	2002-2011	Adequate	7'411
Indonesia	252'812	57.6	215	2012	More than adequate	2'008
Iran	78'470	-	141	2007-2008	Adequate	-
Iraq	34'769	29	-	-	N/A	736
Ireland	4'677	-	82*	1999	Insufficient	-
Israel	7'822	-	-	-	N/A	-
Italy	61'070	-	91	2002-2012	Insufficient	-
Jamaica	2'799	-	-	-	N/A	-
Japan	127'000	-	287	2002-2004	More than adequate	-
Jordan	7'505	-	203	2010	More than adequate	-
Kazakhstan	16'607	85.4	250	2006	More than adequate	50
Kenya	45'546	93.4	118	2003-2004	Adequate	101
Kiribati	104	-	-	-	N/A	-
Kuwait	3'479	-	132	2013	Adequate	-
Kyrgyzstan	5'625	76.1	114	2007	Adequate	35
Lao	6'894	-	103	2013	Adequate	-
Latvia	2'041	-	110	2010-2011	Adequate	-
Lebanon	4'966	74.8	66	2013	Insufficient	16
Lesotho	2'098	79.4	215	2002	More than adequate	12
Liberia	4'397	-	244	2011	More than adequate	-
Libya	6'253	-	-	-	N/A	-
Liechtenstein	37	-	96	2010	Insufficient	-
Lithuania	3'008	-	75*	1995	Insufficient	-
Luxembourg	537	-	148	2002	Adequate	-
Madagascar	23'572	50.3	-	-	N/A	388
Malawi	16'829	62.1	175	2009	Adequate	242
Malaysia	30'188	-	109	2008	Adequate	-
Maldives	352	44	115	2002	Adequate	4
Mali	15'768	74.4	69	2005	Insufficient	180
Malta	430	-	-	-	N/A	-
Marshall Islands	53	-	-	-	N/A	-
Mauritania	3'984	7.3	179	2012	Adequate	121
Mauritius	1'249	-	160*	1995	Adequate	-
Mexico	123'799	91	235*	1998-1999	More than adequate	204
Micronesia	104	-	-	-	N/A	-
Moldova	3'461	44.3	165	2006	Adequate	24
Monaco	38	-	-	-	N/A	-
Mongolia	2'881	69.9	171	2010	Adequate	19
Montenegro	622	70.7	174	2007	Adequate	2
Morocco	33'493	21.2	69*	1993	Insufficient	582

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Mozambique	26'473	25.1	97	2012	Insufficient	745
Myanmar	53'719	68.8	124	2006	Adequate	288
Namibia	2'348	57.4	216*	1998-1999	More than adequate	25
Nauru	10	-	-	-	N/A	-
Nepal	28'121	80	193	2007	Adequate	119
Netherlands	16'802	-	154*	1995-1996	Adequate	-
New Zealand	4'551	-	113	2010-2011	Adequate	-
Nicaragua	6'169	96.8	196	2007	Adequate	4
Niger	18'535	18.6	270*	1998	More than adequate	699
Nigeria	178'517	79.8	130	2004-2005	Adequate	1'420
Norway	5'092	-	104*	1999-2001	Adequate	-
Oman	3'926	68.5	191	2014	Adequate	23
Pakistan	185'133	69.1	124	2011	Adequate	1'423
Palau	21	-	-	-	N/A	-
Palestinian State	4'436	76.6	193	2013	Adequate	30
Panama	3'926	-	254	2010	More than adequate	-
Papua New Guinea	7'476	91.9	170	2005	Adequate	17
Paraguay	6'918	93.4	352	2010	Excessive	11
Peru	30'769	88.3	262	2009	More than adequate	70
Philippines	100'096	44.5	168	2013	Adequate	1'322
Poland	38'221	-	112	2009-2011	Adequate	-
Portugal	10'610	-	106	2010	Adequate	-
Qatar	2'268	-	341	2014	Excessive	-
Republic of Korea	49'512	-	268	2011	More than adequate	-
Romania	21'640	74	102	2004-2005	Adequate	58
Russian Federation	142'468	-	78*	1999-2004	Insufficient	-
Rwanda	12'100	87.4	298*	1996	More than adequate	52
Saint Kitts and Nevis	55	-	-	-	N/A	-
Saint Lucia	184	45.5	-	-	N/A	2
Saint Vincent & the Grenadines	109	-	-	-	N/A	-
Samoa	192	-	-	-	N/A	-
San Marino	32	-	-	-	N/A	-
Sao Tome and Principe	198	64.8	-	-	N/A	2
Saudi Arabia	29'369	-	133	2012	Adequate	-
Senegal	14'548	43.1	104	2010	Adequate	298
Serbia	9'468	32.2	195	2007	Adequate	64
Seychelles	93	-	-	-	N/A	-
Sierra Leone	6'205	62.6	158	2003	Adequate	83
Singapore	5'517	-	-	-	N/A	-
Slovakia	5'454	-	183	2002	Adequate	-
Slovenia	2'076	-	140	2003-2005	Adequate	-
Solomon Islands	573	-	328	2007	Excessive	-
Somalia	10'806	3.9	417	2009	Excessive	435
South Africa	53'140	-	215	2005	More than adequate	-
South Sudan	11'739	45.3	94	2006	Insufficient	216
Spain	47'066	-	117	2009-2010	Adequate	-
Sri Lanka	21'446	92.4	153	2005	Adequate	29
Sudan	38'764	9.5	66	2006	Insufficient	1'143
Suriname	544	-	-	-	N/A	-
Swaziland	1'268	51.6	120*	1999	Adequate	18
Sweden	9'631	-	125	2006-2007	Adequate	-
Switzerland	8'158	-	120	2009	Adequate	-
Syria	21'987	79.3	-	-	N/A	110
Tajikistan	8'409	38.6	108	2009	Adequate	163
Tanzania	50'757	55.7	204	2004	More than adequate	841
TFYR Macedonia	2'108	94	241	2007	More than adequate	1
Thailand	67'223	70.9	262	2012	More than adequate	204
Timor-Leste	1'152	59.9	-	-	N/A	16
Togo	6'993	31.5	171	2005	Adequate	168

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Tonga	106	-	-	-	N/A	-
Trinidad and Tobago	1'344	27.9	-	-	N/A	14
Tunisia	11'117	96.7	220	2013	More than adequate	6
Turkey	75'837	68.9	107	2007	Adequate	394
Turkmenistan	5'307	75.3	170	2004	Adequate	28
Tuvalu	10	-	-	-	N/A	-
Uganda	38'845	86.8	464	2005	Excessive	210
Ukraine	44'941	20.7	90	2002	Insufficient	392
United Arab Emirates	9'446	-	162	2008-2009	Adequate	-
United Kingdom	63'489	-	80	2009	Insufficient	-
United States	322'583	-	215	2009-2010	More than adequate	-
Uruguay	3'419	-	310	2004	Excessive	-
Uzbekistan	29'325	53.1	141	2005	Adequate	292
Vanuatu	258	22.9	49	2008-2009	Insufficient	5
Venezuela	30'851	-	175	2007-2008	Adequate	-
Vietnam	92'548	45.1	130	2005	Adequate	790
Yemen	24'969	29.5	173*	1998	Adequate	530
Zambia	15'021	63.9	245	2011	More than adequate	220
Zimbabwe	14'599	-	245*	1999	More than adequate	-

**Data sources:**

<sup>1</sup>UNICEF. UNICEF Data: Monitoring the situation of children and women. <http://data.unicef.org/nutrition/iodine> [Accessed on 12 December 2014]. New York, United Nations Children's Fund

<sup>2</sup>Andersson M, Karumbunathan V, Zimmermann MB. Global iodine status in 2011 and trends over the past decade. *J Nutr.* 2012;142(4):744-50

<sup>3</sup>Zimmermann MB, Andersson M. Update on iodine status worldwide. *Curr Opin Endocrinol Diabetes Obes.* 2012;19(5):382-7

<sup>4</sup>Table updated on 28 August 2015

\* Survey conducted before 2002