

## Global Iodine Nutrition Scorecard 2014

Country or territory	Total population 2014 (000)	Households consuming iodized salt (%) <sup>1</sup>	Median UIC (µg/L) <sup>2-4</sup>	Country iodine status	Iodine deficiency unprotected infants (000)
Afghanistan	31'281	20.4	171	Adequate	838
Albania	3'185	75.6	86	Insufficient	10
Algeria	39'929	60.7	27*	Insufficient	372
Andorra	80	-	-	N/A	-
Angola	22'137	44.7	29	Insufficient	517
Antigua and Barbuda	91	-	-	N/A	-
Argentina	41'803	-	136	Adequate	-
Armenia	2'984	97	313	Excessive	1
Australia	23'630	-	177	Adequate	-
Austria	8'526	-	111	Adequate	-
Azerbaijan	9'515	53.6	204	More than adequate	78
Bahamas	383	-	-	N/A	-
Bahrain	1'344	-	247	More than adequate	-
Bangladesh	158'513	57.6	163	Adequate	1'336
Barbados	286	17.3	-	N/A	3
Belarus	9'308	85.4	169	Adequate	15
Belgium	11'144	-	113	Adequate	-
Belize	340	-	184*	Adequate	-
Benin	10'600	86	318	Excessive	52
Bhutan	766	-	217*	More than adequate	-
Bolivia	10'848	-	191	Adequate	-
Bosnia and Herzegovina	3'825	62	157	Adequate	13
Botswana	2'039	65.2	219*	More than adequate	17
Brazil	202'034	95.7	304	Excessive	129
Brunei Darussalam	423	-	-	N/A	-
Bulgaria	7'168	91.9	182	Adequate	6
Burkina Faso	17'420	33.7	114*	Adequate	453
Burundi	8'383	-	70	Insufficient	-
Cambodia	15'408	-	222	More than adequate	-
Cameroon	22'819	85.1	190	Adequate	122
Canada	35'525	-	174	Adequate	-
Cape Verde	504	74.8	115	Adequate	3
Central African Republic	4'709	64.5	21*	Insufficient	56
Chad	13'211	53.8	213	More than adequate	268
Chile	17'773	-	252	More than adequate	-
China	1'393'784	96.8	239	More than adequate	591
Colombia	48'930	-	415	Excessive	-
Comoros	752	77.3	-	N/A	6
Congo	4'559	73.2	-	N/A	44
Costa Rica	4'938	-	314	Excessive	-
Côte d'Ivoire	20'805	30	203	More than adequate	512
Croatia	4'272	-	248	More than adequate	-
Cuba	11'259	88	176	Adequate	13
Cyprus	1'153	-	120*	Adequate	-
Czech Republic	10'740	-	163	Adequate	-
Denmark	5'640	-	83	Insufficient	-
Djibouti	886	0.2	-	N/A	24
Dominica	72	-	-	N/A	-
Dominican Republic	10'529	-	223	More than adequate	-
DPR Korea	25'027	24.5	97	Insufficient	269

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DR Congo	69'360	58.6	249	More than adequate	1'176
Ecuador	15'983	-	234	More than adequate	-
Egypt	83'387	77.7	187	Adequate	423
El Salvador	6'384	62	206	More than adequate	48
Equatorial Guinea	778	-	-	N/A	-
Eritrea	6'536	68	175*	Adequate	73
Estonia	1'284	-	65*	Insufficient	-
Ethiopia	96'506	19.9	25	Insufficient	2'470
Fiji	887	-	237	More than adequate	-
Finland	5'443	-	83	Insufficient	-
France	64'641	-	136	Adequate	-
Gabon	1'711	-	190*	Adequate	-
Gambia	1'909	22	42*	Insufficient	60
Georgia	4'323	99.9	321	Excessive	0
Germany	82'652	-	122	Adequate	-
Ghana	26'442	34.5	130	Adequate	520
Greece	11'128	-	202*	More than adequate	-
Grenada	106	-	-	N/A	-
Guatemala	15'860	-	144	Adequate	-
Guinea	12'044	-	139	Adequate	-
Guinea-Bissau	1'746	11.7	-	N/A	56
Guyana	804	10.3	169*	Adequate	15
Haiti	10'461	3	39	Insufficient	257
Honduras	8'261	-	356	Excessive	-
Hungary	9'933	-	228	More than adequate	-
Iceland	333	-	200	More than adequate	-
India	1'267'402	71.1	153	Adequate	7'411
Indonesia	252'812	57.6	215	More than adequate	2'008
Iran	78'470	-	141	Adequate	-
Iraq	34'769	29	-	N/A	736
Ireland	4'677	-	82*	Insufficient	-
Israel	7'822	-	-	N/A	-
Italy	61'070	-	91	Insufficient	-
Jamaica	2'799	-	-	N/A	-
Japan	127'000	-	287	More than adequate	-
Jordan	7'505	-	203	More than adequate	-
Kazakhstan	16'607	85.4	250	More than adequate	50
Kenya	45'546	93.4	118	Adequate	101
Kiribati	104	-	-	N/A	-
Kuwait	3'479	-	115	Adequate	-
Kyrgyzstan	5'625	76.1	114	Adequate	35
Lao	6'894	-	103	Adequate	-
Latvia	2'041	-	110	Adequate	-
Lebanon	4'966	74.8	66	Insufficient	16
Lesotho	2'098	79.4	215	More than adequate	12
Liberia	4'397	-	244	More than adequate	-
Libya	6'253	-	-	N/A	-
Liechtenstein	37	-	96	Insufficient	-
Lithuania	3'008	-	75*	Insufficient	-
Luxembourg	537	-	148	Adequate	-
Madagascar	23'572	50.3	-	N/A	388
Malawi	16'829	62.1	175	Adequate	242

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Malaysia	30'188	-	109	Adequate	-
Maldives	352	44	115	Adequate	4
Mali	15'768	74.4	69	Insufficient	180
Malta	430	-	-	N/A	-
Marshall Islands	53	-	-	N/A	-
Mauritania	3'984	7.3	179	Adequate	121
Mauritius	1'249	-	160*	Adequate	-
Mexico	123'799	91	235*	More than adequate	204
Micronesia	104	-	-	N/A	-
Moldova	3'461	44.3	165	Adequate	24
Monaco	38	-	-	N/A	-
Mongolia	2'881	69.9	171	Adequate	19
Montenegro	622	70.7	174	Adequate	2
Morocco	33'493	21.2	69*	Insufficient	582
Mozambique	26'473	25.1	97	Insufficient	745
Myanmar	53'719	68.8	124	Adequate	288
Namibia	2'348	57.4	216*	More than adequate	25
Nauru	10	-	-	N/A	-
Nepal	28'121	80	193	Adequate	119
Netherlands	16'802	-	154*	Adequate	-
New Zealand	4'551	-	113	Adequate	-
Nicaragua	6'169	96.8	196	Adequate	4
Niger	18'535	18.6	270*	More than adequate	699
Nigeria	178'517	79.8	130	Adequate	1'420
Norway	5'092	-	104*	Adequate	-
Oman	3'926	68.5	194	Adequate	23
Pakistan	185'133	69.1	124	Adequate	1'423
Palau	21	-	-	N/A	-
Palestinian State	4'436	76.6	193	Adequate	30
Panama	3'926	-	254	More than adequate	-
Papua New Guinea	7'476	91.9	170	Adequate	17
Paraguay	6'918	93.4	352	Excessive	11
Peru	30'769	88.3	262	More than adequate	70
Philippines	100'096	44.5	168	Adequate	1'322
Poland	38'221	-	112	Adequate	-
Portugal	10'610	-	106	Adequate	-
Qatar	2'268	-	341	Excessive	-
Republic of Korea	49'512	-	268	More than adequate	-
Romania	21'640	74	102	Adequate	58
Russian Federation	142'468	-	78*	Insufficient	-
Rwanda	12'100	87.4	298*	More than adequate	52
Saint Kitts and Nevis	55	-	-	N/A	-
Saint Lucia	184	45.5	-	N/A	2
Saint Vincent & the Grenadines	109	-	-	N/A	-
Samoa	192	-	-	N/A	-
San Marino	32	-	-	N/A	-
Sao Tome and Principe	198	64.8	-	N/A	2
Saudi Arabia	29'369	-	133	Adequate	-
Senegal	14'548	43.1	104	Adequate	298
Serbia	9'468	32.2	195	Adequate	64
Seychelles	93	-	-	N/A	-
Sierra Leone	6'205	62.6	158	Adequate	83

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Singapore	5'517	-	-	N/A	-
Slovakia	5'454	-	183	Adequate	-
Slovenia	2'076	-	140	Adequate	-
Solomon Islands	573	-	-	N/A	-
Somalia	10'806	3.9	417	Excessive	435
South Africa	53'140	-	215	More than adequate	-
South Sudan	11'739	45.3	94	Insufficient	216
Spain	47'066	-	117	Adequate	-
Sri Lanka	21'446	92.4	153	Adequate	29
Sudan	38'764	9.5	66	Insufficient	1'143
Suriname	544	-	-	N/A	-
Swaziland	1'268	51.6	120*	Adequate	18
Sweden	9'631	-	125	Adequate	-
Switzerland	8'158	-	120	Adequate	-
Syria	21'987	79.3	-	N/A	110
Tajikistan	8'409	38.6	108	Adequate	163
Tanzania	50'757	55.7	204	More than adequate	841
TFYR Macedonia	2'108	94	241	More than adequate	1
Thailand	67'223	70.9	262	More than adequate	204
Timor-Leste	1'152	59.9	-	N/A	16
Togo	6'993	31.5	171	Adequate	168
Tonga	106	-	-	N/A	-
Trinidad and Tobago	1'344	27.9	-	N/A	14
Tunisia	11'117	96.7	220	More than adequate	6
Turkey	75'837	68.9	107	Adequate	394
Turkmenistan	5'307	75.3	170	Adequate	28
Tuvalu	10	-	-	N/A	-
Uganda	38'845	86.8	464	Excessive	210
Ukraine	44'941	20.7	90	Insufficient	392
United Arab Emirates	9'446	-	162	Adequate	-
United Kingdom	63'489	-	80	Insufficient	-
United States	322'583	-	215	More than adequate	-
Uruguay	3'419	-	310	Excessive	-
Uzbekistan	29'325	53.1	141	Adequate	292
Vanuatu	258	22.9	49	Insufficient	5
Venezuela	30'851	-	175	Adequate	-
Vietnam	92'548	45.1	139	Adequate	790
Yemen	24'969	29.5	173*	Adequate	530
Zambia	15'021	63.9	245	More than adequate	220
Zimbabwe	14'599	-	245*	More than adequate	-

**Data sources:**

<sup>1</sup>UNICEF. UNICEF Data: Monitoring the situation of children and women. <http://data.unicef.org/nutrition/iodine> [Accessed on 12 December 2014]. New York, United Nations Children's Fund

<sup>2</sup>Andersson M, Karumbunathan V, Zimmermann MB. Global iodine status in 2011 and trends over the past decade. *J Nutr.* 2012;142(4):744-50

<sup>3</sup>Zimmermann MB, Andersson M. Update on iodine status worldwide. *Curr Opin Endocrinol Diabetes Obes.* 2012;19(5):382-7

<sup>4</sup>Table updated on 31 January 2015

\* Survey conducted before 2002